

Make Use of These Vegetables

Vary your vegetables. Use those that have been ignored by you in the past. You will find some very pleasing flavors and soon appreciate what you have been missing. Then again, the "unusual" vegetable is always an asset when you have summer guests.

Creamed Kohlrabi
6 kohlrabi
2 tablespoons butter, butter substitute, or savory fat
2 tablespoons flour
Salt
Paprika
2 cups milk
1 egg-yolk
Wash and pare the kohlrabi. Cut into half-inch cubes, drop into boiling water to cover and cook until tender. Just before cooking is completed, add salt, then drain and shake over the fire to dry slightly. Make a white sauce from the flour, fat, milk and seasonings, adding the egg-yolk last, and pour it over the vegetable.

Stuffed Eggplant
1 eggplant
2 tablespoons butter or butter substitute
1/2 cup water
2 cups crumbs
Cut the eggplant in half lengthwise and scoop out the center pulp, leaving the rim about one-half inch thick so that the shape may be firm. Cover the shells with cold water. Chop the pulp fine, season it with salt and pepper, add butter, butter substitute or other savory fat and cook in a frying pan for ten minutes, stirring well, then add water and one cup of bread-crumbs. Drain the shells, sprinkle the interior of each with salt and pepper and fill them with the mixture. Spread one cup of crumbs on the surface of the mixture, place the two pieces of plant in a baking-dish or deep pan, and pour enough hot water into the pan to come one-third up the sides of the plant. Bake one hour, and serve hot.

Red Cross Roll Call Stresses Preparedness

"Preparedness for disaster at home or elsewhere, will be emphasized preliminary to the Red Cross Call, Nov. 11-25," Mrs. Flora McDonald, local Red Cross chairman, said this week. At the same time she made it known that since 1881, when disaster relief was first humanitarian work of the Red Cross, it has carried relief such as food, clothing, shelter, medical aid, rehabilitation of homes and families, to more than 2,000 scenes of disaster, large and small. During the past 56 years the Red Cross has expended \$133,000,000 in this single phase of its mercy work.

Mrs. McDonald also said that the Red Cross policies of relief have been worked out over the years through actual experience of its workers in the field. Relief is given on the basis of need of the sufferers—not on their losses. The Red Cross is able to handle vast relief projects through the volunteer help of thousands of men and women, everywhere, and through its ability to borrow trained workers from other agencies, to supplement its own staff of trained disaster relief workers.

FOR VET LOANS
An additional \$3,000,000 has been asked for loans to California World War veterans.

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ATTENTION LADIES!

Shop Until 9 P.M.
Daily including Sundays and Holidays at HINKLEY'S Grocery, 1/2 miles south on Arlington.
Full line of lunch meats, etc. For Your Sunday picnic.

Phone Lomita 452
100% UNION

Women Prisoners Attend Electric Cooking School



A two-day all-electric cooking school held recently at the California Institution for Women at Tehachapi gave the women there an opportunity to work with the newest type of electric kitchen equipment. The school, a unit in the institution character building program, was sponsored by the Southern California Edison Company and was conducted by Mrs. Ruth T. Erb, right, widely known home economist. Miss Florence Monahan, left, superintendent of the school, a unit in the institution character building program, was sponsored by the

"Routine at Tehachapi is designed to assist in adjusting the delinquent woman to a more normal life," Miss Monahan said. "Although some women criminals apparently cannot be reclaimed for society, there is a larger group whose prison treatment decides their future, and it is primarily for them that this character rehabilitation program is planned. By making life 'inside' more normal, we hope to show the women that a life lived within the laws of society is pleasant. Such a concept better equips those who are to be released from the institution for normal living when they return to the outside world."

Prisoners are housed in four cottages of French Norman architecture, with approximately 40 residents in each dwelling. Each cottage has its own kitchen, dining room and living room. All work at the institution is done by the women. Places for schools and other tax-supported institutions are made by the women there. Opportunity for recreation is provided, with games, parties and plays furnishing amusement. Regulation uniforms which have been worn by the prisoners now are being changed to cotton print dresses, and a certain measure of personal freedom is accorded

the women. Fifteen acres are occupied by the buildings and grounds within the institution proper. Outside its confines are 1,665 additional acres of land owned by the state, 900 of which are under cultivation. The institution is located in the Cummings valley, 4,000 feet high in the mountains of Kern county, ten miles from the town of Tehachapi. At the time of its establishment five years ago, it was a branch of San Quentin prison. It was made a separate institution for women last spring, and is the only one of its kind in the west.

STATE'S COTTON CROPS
California will produce 675,000 bales of cotton this year on the basis of Oct. 1 estimates by the federal-state crop reporting service.

Ozark Preserves Set Aside
ST. LOUIS (U.P.)—More than 1,000,000 acres of land in the Ozarks have been purchased by the federal government to be made into forest preserves.

Belgrade Couple Wed 90 Years
BELGRADE, (U.P.)—Wejlo Zivanovitch, 107, and his wife Yarina, 104, have just celebrated the 90th anniversary of their wedding.

Fence-Mender



Postmaster Gen. James A. Farley shown above while laying the corner stone of the new postoffice branch near the University of Washington in Seattle on his current "fence-mending" political tour of the West.

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QUALITY Super Markets

2171 TORRANCE BLVD. 1325 SARTORI AVE.
L. G. BARKDULL, Proprietor TOM KING, Proprietor

LEGS OF GENUINE LAMB	lb. 28c
EASTERN SLICED BACON	lb. 35c
OYSTERS - NEW YORK COUNT	Doz. 30c
GROUND ROUND STEAK	lb. 28c
STEER BEEF SWISS STEAK	lb. 28c
FRESH GROUND HAMBURGER	lb. 15c
PIG PORK ROASTS (Shank Cuts)	lb. 18c
ALL KINDS DELICIOUS SALADS	lb. 15c
BACON SQUARES lb. 25c	Young Beef POT ROAST lb. 15c
PLATE and BRISKET	
BEEF BOIL lb. 12 1/2c	SHORTENING BEST GRADE lb. 12 1/2c
TRADE AT THE QUALITY MARKETS - BE SURE OF THE BEST	

IDAHO RUSSET	SWEET
POTATOES 15 lbs. 25c	POTATOES 3 lbs. 10c
RED-PEARMAIN	OREGON DELICIOUS
APPLES 10 lbs. 25c	APPLES 5 lbs. 25c

Broiling Easy On Gas Range

Broiling of meat, fish and vegetables is advocated by many leading dieticians as one of the surest methods of preserving the health-giving and nutritional values of these foods.

On the new Mode-O-Mat type gas range, it is pointed out, broiling is one of the easiest and cleanest ways to prepare a meal. Smokeless, due to the use of gas fuel and new type broiling pans, the broiler may be used to cook a steak or a chop, or a complete dinner.

An enticing broiled dish recently evolved by the home service department of the Southern California Gas Company consists of full-ripe tomatoes stuffed with yellow corn, precooked slices of potatoes brushed with butter, and a thick cut of ham.

New 1938 Chevrolet To Be Shown By Ed Thompson Here Saturday

Ed Thompson has everything in readiness for the first local showing of the new 1938 Chevrolet which will be given a nation-wide introduction Saturday. The show rooms of the local dealer have been specially decorated for this event which is noted for the large crowds of people that it attracts.

"We are especially proud of the surprise we have in store this year," states Mr. Thompson. "Never in our years in the automobile business have we been privileged to introduce such a distinctively beautiful car. In addition, this New Chevrolet leaves nothing to be desired from the standpoint of such qualities as performance, comfortable riding, safety, etc., which means so much to the careful car buyer."

Buying Heavy
Fall automobile buying promises to be unusually heavy this year according to Mr. Thompson. Basis for his prediction is the large number of advance orders he is receiving for the new 1938 Chevrolet which will be officially announced to the public on Saturday, October 23rd.

"All orders received before Announcement Day are being classified as Preferred Delivery Orders," said Mr. Thompson, "and deliveries of new cars will be made in the order in which our customers make their purchases."

"Many of the orders taken for new cars have been placed by individuals who have previously owned Chevrolet cars; and although we have not been in a position to show them the new car, their past experience with Chevrolet has convinced them that they can buy any Chevrolet car with absolute confidence."

"This confidence is well placed for I have been privileged to see the new Chevrolet and examine it in detail. It is easily one of the most beautiful and distinctive cars I have ever seen and I predict that it will be the most popular car we have ever sold."

BUMPING THE CURB
One common cause of misalignment of the front wheels is bumping into the curb when parking. A slight bump that knocks the wheels out of line can cause thousands of miles of unnecessary tire wear before the motorist realizes it has had the slightest effect.

BUMPER CROP APPLE SALE

THE NEW CROP IS HERE!
Firm ripe fruit, crisp and heavy with juice. You've never seen such fine apples. We're buying carloads to help the apple growers market their tremendous crop in a hurry. Come in, take your pick and enjoy this grand and beautiful fruit now.

SAFEWAY

Your Neighborhood GROCER

APPLES NORTHERN JONATHAN Crisp, juicy apples. Excellent for school lunches. Medium size.	6 lbs. for 25c
APPLES CALIFORNIA PIPPINS You'll find them fine cooking or for eating 'from hand. Vigor!	8 lbs. for 25c
Delicious Apples 4 lbs. 25c Extra fancy Washington apples.	Fancy Bananas 4 lbs. 25c No. 1 B. P. one grade gold-ripe fruit.
Rome Beauties 7 lbs. 25c Red apples. Perfect for baking.	Bartlett Pears 4 lbs. 25c U. S. No. 1 Lake County Pears.

POTATOES RUSSETS or BURBANKS Your choice of fancy grade. Stacked Burbanks or U. S. No. 1 Idaho Russets. Note price.	10 lbs. 19c
MALAGA GRAPES Fine flavored, full bunches.	4 lbs. 10c
LARGE CELERY Crisp, fresh, Utah type. Per bunch.	12c
LETTUCE Large, iceberg type. Per head.	5c
FANCY YAMS Choice of red or white.	3 pounds 14c
CRANBERRIES Extra-early Blacks.	2 pounds 35c
CALIFORNIA DATES New crop Deglet Noor. (1-lb. bag.)	17c
PERSIAN MELONS Fine flavored. Serve for breakfast. Lb.	2c

AIRWAY COFFEE

A mild mellow blend of fine coffee. See it ground. KNOW it's fresh! Specially priced this week-end.

Sliced Peaches	Also halves, Stokely, Libby or Del Monte	No. 2 1/2 can	15c
Sliced Pineapple	Choice of Libby or Del Monte	No. 2 1/2 can	18c
Edwards Coffee	Your choice of drip or regular grind.	1-lb. can	25c
Edwards Coffee	Regular grind. Choice vacuum-packed blend.	2-lb. can	49c
Nob Hill Coffee	See it ground—KNOW it's fresh. Try a pound	per lb.	23c
Baker's Breakfast Cocoa		1-lb. can	13c
Wet or Dry Pack Shrimp		5-oz. can	15c
Chicken of the-Sea Tuna		No. 1/2 size can	15c
Mission Tuna	Choice quality light meat. Solid packed	No. 1/2 can	25c
Calif. Gold Honey		16-oz. jar	15c
Jams and Jellies	Tropical brand assorted	7-oz. jar	10c
Kraft Macaroni Dinner		Special! Per package	15c
Max-i-mum Milk	Pure evaporated Small size can	3c	6c
Val Vita Spinach	Or Masterpiece brand spinach	No. 2 1/2 can	10c
Van Camp Pork & Beans		20-ounce can	8c
Stokely Cut Green Beans		No. 2 can	21c
Jacob Mushrooms	Hotel Style 2-oz. can, 9c	Buttons 4-oz. can	21c
Stokely Honey Pod Peas		No. 2 cans	27c

Mince Meat	None Such. Per package.	12c
California Tamales	5-ounce can.	5c
Spanish Rice	Silk's brand. 16-ounce can.	9c
Van Camp Soup	Extra pea, vegetable. 20-oz. can.	10c
Butter Best Crackers	Sodas or Graham's. 1-lb. box	13c
Ritz Crackers	1-pound box.	21c
Cello Bag Cookies	No. 2 Assorted. Per bag	15c
Gold Medal Flour	No. 10 bag. 44c; No. 5 bag	24c
Gold Medal Flour	24 1/2-pound sack	\$1.00
Quaker Oats	Quick or regular. 20-oz. box	9c
Quaker Oats	Quick or regular. 48-oz. box	18c
Small White Beans	1-lb. Cellophane bag	7c
Egg Noodles	Globe A-1. Fine, wide or medium. 8-ounce package	10c
Formy Shortening	1-lb. can. 18c; 3-lb. can	51c
Baking Powder	Clabber Girl. 2-lb. can, 23c; 10-oz.	9c

EGGS	Lucerne Eggs	39c
	Large, fresh. Dozen	
	Cream of Crop Eggs	41c
	Large, fresh. Per doz.	
	Select Eggs	31c
	Extras. Per dozen	

HARVEST BLOSSOM FLOUR	Family Blend of Flour. No. 6 bag, 18c; 24 1/2-lb., 22c.	No. 10 bag 33c
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KITCHEN CRAFT FLOUR	Milled from top grade wheat. No. 5 bag, 21c; 24 1/2-lb., 85c.	No. 10 bag 38c
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JOLLY FARMER'S Nation Wide Dried Prune Sale

Cello Pack Prunes	70-80 size	3-lb. bag	15c
Sunsweet Prunes	Extra large	2 1-lb. boxes	19c
Sunsweet Prunes	Medium size. 2-lb. box		15c
Cello-Pack Prunes	30-40. 2-pounds for	Fancy Prunes 2-pound brick	21c

Guaranteed Meats

ROUND STEAKS OR SIRLOIN Tender, juicy sirloin and round steaks cut from fancy quality Safeway Guaranteed beef.	lb.	35c
LAMB CHOPS SMALL RIB Cut from Safeway Guaranteed lamb. (Small loin chops priced at 48c per pound.)	lb.	39c
LINK SAUSAGE pkg.		16c
PRIME RIB	lb.	33c
Standing rib roast. Guaranteed beef		
BEEF ROAST	lb.	21c
7-bone chuck roast. Guaranteed.		
GROUND BEEF	lb.	16c
Un-X-lb brand, government insp.		
PORTERHOUSE	lb.	45c
Porterhouse, T-Bone, Club steaks.		
BEEF STEW	lb.	22c
Boneless cuts. Guaranteed beef.		
WIENERS	lb.	19c
Fancy skinless wieners and frank.		
FRYERS	lb.	33c
Standing rib roast. Guaranteed beef		
FANCY HENS	lb.	31c
Extra fancy milk-fed colored hens.		
BLACK COD	lb.	19c
Sliced to fry or in piece to bake.		
SEA BASS	lb.	27c
Locally caught sea bass. In piece.		
OYSTERS	doz.	27c
Large size. Eastern oysters.		
SLICED BACON	pkg.	22c
Armour's Star, Fixed Flavor. 1/2-lb.		
HAMS	SWIFT'S PREMIUM WHOLE OR HALF PER LB.	33c
Skinnao, with surplus fat removed. (Shank cuts, 16c per pound; Butt cuts, 25c per pound.)		
FLUFFO SHORTENING IN CARTONS	2 lb.	25c
High quality shortening for all baking and frying uses. Packed in pound cartons.		
SAUERKRAUT	2 lb.	15c
New, crisp, long white shreds of fancy sauerkraut. Excellent with wieners or frankfurters.		

Prices effective through Saturday, October 23, in Safeway-operated departments of stores within thirty-five miles of Los Angeles. (Sales tax will be added to retail price on taxable items.)